



Ready to Go: Setting and Maintaining Healthy Boundaries

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ready to

GO

**MENTOR
TRAINING
TOOLKIT**

Ready to Go:
Mentor
Training
Toolkit



Building the
Mentoring
Relationship



Setting
Boundaries



Communication



Youth
Development



Cultural
Competency

Boundaries are the
physical and emotional space
we put between ourselves and others.

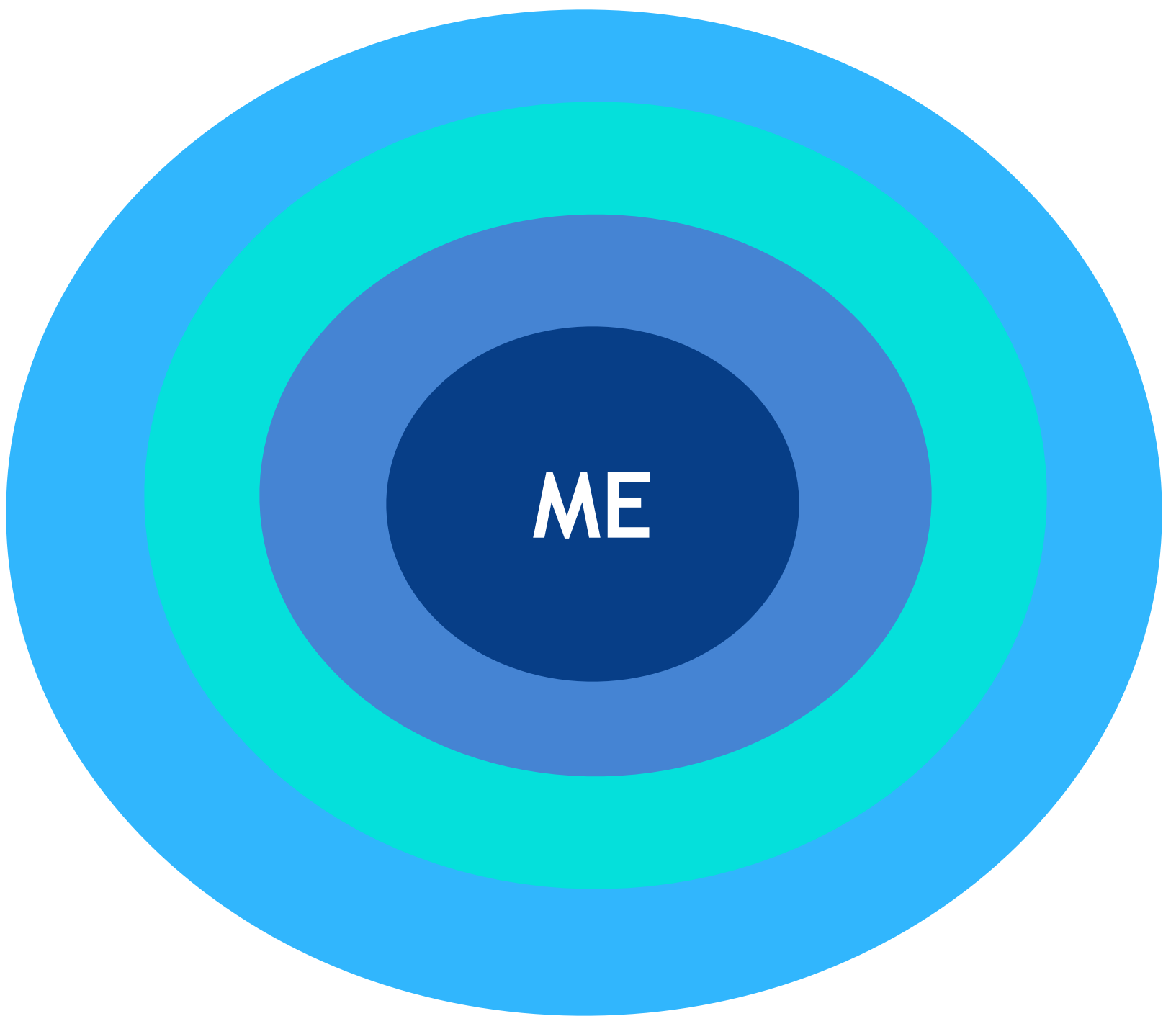
Boundaries
set the **limits**
of a relationship.



Less comfortable



More comfortable



ME

Rules: What Good are They?



